



KS1 P.E. Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dance	Dance	Athletics (run, jump, throw)	Athletics (run, jump, throw)	Gymnastics	Gymnastics
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
Year 1	AK Sport Dodgeball	Gymnastics (SSP support)	AK Sport	AK Sport	Tennis (Jason)	Football (Jason)
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
Year 2	Gymnastics	AK Sport Dodgeball	Football (Jason)	Football (Jason)	AK Sport Tennis	AK Sport Athletics
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6

KS1 Curriculum content:

- ✓ master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- ✓ participate in team games, developing simple tactics for attacking and defending
- ✓ perform dances using simple movement patterns.
- ✓ engage in competitive (both against self and against others) and co-operative physical activities



KS2 P.E. Curriculum Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3	Football Jason	Hockey (SSP support)	AK Sport	Tennis	Netball	AK Sport Athletics
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
Year 4	AK Sport Dodgeball	Hockey (SSP support)	AK Sport	Netball	AK Sport Athletics	Tennis
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
Year 5	AK Sport Hockey	Indoor athletics (SSP support)	Basketball I	Cricket	AK Sport Dodgeball/Frisbee	Athletics
	REAL PE Unit 1	REAL PE Unit 2	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6
Year 6	AK Sport Basketball	Jason Dodgeball	Basketball	AK Sport	Cricket	AK Sport Athletics
	Tag Rugby	REAL PE Unit 3	REAL PE Unit 4	REAL PE Unit 5	REAL PE Unit 6	

KS2 Curriculum Content

- ✓ use running, jumping, throwing and catching in isolation and in combination
- ✓ play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending
- ✓ develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]
- ✓ compare their performances with previous ones and demonstrate improvement to achieve their personal best
- ✓ understanding of how to improve and evaluate and recognise their own success
- ✓ perform dances using a range of movement patterns
- ✓ take part in outdoor and adventurous activity challenges both individually and within a team